

## DIRECTIONS TO AIHF RALEIGH

### From I-440 Beltline

- From the I-440 Beltline, take the Six Forks Road - North exit (Exit 8B)
- Go north on Six Forks Road ~ 4 miles
- Turn left on Forum Drive (at the Chick-Fil-A)
- Turn left on Health Park at the entrance of American Institute of Healthcare & Fitness

### From I-540

- From I-540, take the Six Forks Road exit (Exit 11)
- Go south on Six Forks Road ~ 1 mile
- Turn right on Forum Drive (at the Chick-Fil-A)
- Turn left on Health Park at the entrance of American Institute of Healthcare & Fitness

### From west of Raleigh

- Take I-40 East towards Raleigh
- Merge onto I-540 North
- Take the Six Forks Road - South exit (Exit 11)
- Go south on Six Forks Road ~ 1 mile
- Turn right on Forum Drive (at the Chick-Fil-A)
- Turn left on Health Park at the entrance of American Institute of Healthcare & Fitness

### From east of Raleigh

- Take I-40 West towards Raleigh
- Merge onto I-440 Inner Beltline (exit 293B)
- From the I-440 Beltline, take the Six Forks Road - North exit (Exit 8B)
- Go north on Six Forks Road ~ 4 miles
- Turn left on Forum Drive (at the Chick-Fil-A)
- Turn left on Health Park at the entrance of American Institute of Healthcare & Fitness

### From RDU International Airport

- Upon leaving RDU International Airport, follow the signs for US-70/Aviation Pkwy West/I-540
- The airport exit will turn in to Terminal Boulevard
- Go 0.2 miles on Terminal Boulevard and take the ramp toward US-70/Aviation Pkwy West/I-540
- Merge onto Aviation Parkway, go ~1 mile
- Merge onto I-540 N toward US-70
- Go ~ 9 miles, take the Six Forks Road - South exit (Exit 11)
- Go south on Six Forks Road ~1 mile
- Turn right on Forum Drive (at the Chick-Fil-A)
- Turn left on Health Park at the entrance of American Institute of Healthcare & Fitness



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